



 **CAUTION**

THE FOLLOWING GUIDELINES ARE FOR MAYA WRAP CARRIERS BUT MAY APPLY TO ALL BRANDS OF BABY CARRIERS

Inspection: Inspect the baby carrier before each use. Check fabric, seams, fasteners, rings, and all other components. **DO NOT** place a baby in the carrier if there is damage to **ANY** component.

 **FLAMMABILITY WARNING:** The carrier is not at all flame retardant or fire resistant. Do not use this carrier while cooking or near open flame or other heat sources. If the carrier has a long tail, use caution and do not expose the tail to open flame or heat sources. Failure to follow these guidelines could result in serious injury or death.

 **BREATHING AND AIR FLOW WARNING:** Position the baby so that the baby has good air flow. Check the baby's breathing regularly. Do not allow anything around the baby's face which may restrict the baby's ability to breathe or cause the baby to breathe exhaled air. This is particularly important for premature babies, infants, and very small, very young, and/or very weak babies, and/or if you have large breasts. When carrying young babies in a reclining position, always carry the baby face up. Do not allow the baby's chin to sag down to his chest as this could block the baby's air passages. When tightening your baby carrier, do not tighten it so much that baby's breathing could be restricted. Failure to follow these guidelines could result in serious injury or death.

Security: Always pay attention to the baby's security. Be certain that baby is securely in the baby carrier. Pay attention to the baby - the baby is not tied into the carrier. Put an arm around baby when you bend over. Failure to use the carrier properly or to pay attention to the child could cause the baby to fall out of the carrier and result in serious injury or death.

Dangerous Activities: Do not use the baby carrier when there is a chance the baby may reach for or be exposed to dangerous items such as knives, hot beverages, and stoves. Do not use the carrier when cooking, jogging, skiing, cycling or in similar activities which could be hazardous to the baby. Additionally, you may strain your own back or lose balance, resulting in serious injury to you or the baby. Baby's body may not be ready for the cyclic pattern of activities such as running or jogging, and may be damaged in the neck, spine, or brain.

Other Items: Do not put extra items in the carrier with the baby. If your carrier has a pocket, items which could injure or cause discomfort to baby should not be placed in it.

Traveling: The carrier is not a substitute for an approved car seat. Do not place baby in the carrier during takeoffs or landings in aircraft.

Breastfeeding: Do not use a nipple shield when breast feeding the baby in the carrier. Be sure your baby can breathe adequately while nursing. You may have to hold your breast away from baby's nose.

Baby Clothing: If your baby is wearing loose fitting clothing or shoes, be careful when putting baby in the carrier or when repositioning him so that his garment or shoes don't twist or get caught in the carrier. Failure to do so may result in injury to your child. Baby may become uncomfortably warm in the carrier. Please be aware of this and do not overdress her.

Carrying Positions: For carriers that place baby's weight on only one of your shoulders, change shoulders frequently to avoid stress to your spine. Never use the back carry with infants or babies under the age of 12 months. Do not use the back carry position until your child is old enough to tell you when something is wrong. When using the back carry position, pay attention to the child so that the child does not reach for or grab items he should not have.

Be Aware: Be cautious around door frames, revolving doors, low lying tree limbs and other potential objects likely to obstruct your path. Be sure to give yourself extra room to maneuver with the added bulk of a child on your person.

Water: Maya Wrap baby carriers are not specifically designed for use while the user is in a pool, tub, or other body of water.

Threading Your Sling



Gather the end of the tail.



Put the tail of the sling through both of the rings. Open the rings.



Put the tail back over the first ring and under the second.



Verify the fabric is not twisted as it goes through the rings.

Putting On Your Threaded Sling



Hold the sling with the tail in front.



Put your arm through the sling, bring it over your head, and rest the rings in front of your shoulder. The rings should be high.



The inner rail is pulled up to create a hammock for your baby. The tail is pulled through the rings until the hammock is almost the correct size for your baby.

Newborn Carry *For newborns to about 3 months*



Carefully support your baby as you place her/him in the sling.



Hold your baby where you want him/her to be and pull the tail to tighten it. For maximum comfort wear your baby high.



You can pull one side of the tail to tighten the inner rail and the other side to tighten the outer rail.



Ensure that baby has good airflow. Baby should not be facing the sling fabric. Your breast should not be covering baby's face.



You may also wear your baby with his/her head on the side by the rings.

Snuggle Hold *For newborns to about 3 months*

Some babies prefer to be carried vertically. This is an excellent way to do so.

Start by setting up your sling as for the Newborn carry except that you will have the inner rail a little lower and the outer rail a little higher.



Carefully support your baby as you place her/him in the sling. Baby's legs should be in a frog position inside the sling.



Tighten the sling as you did for the newborn carry. Baby is facing to the side. The upper rail is high enough and snug enough to provide head support.

Kangaroo Carry *For babies with head control, approximately 3 to 6 months*



Cross your baby's legs and ease him/her into the sling. Tighten as explained for the Newborn Carry.



The outer rail is high enough and snug enough to keep baby secure.

Hip Carry

For older babies who have outgrown the Kangaroo Carry, approximately 6 months and older



Ease your baby into the sling, being careful not to get his/her feet caught in the fabric.



Your baby should be straddling your hip. Tighten your sling as explained in the Newborn Carry.



The fabric is up to baby's shoulders and out to her/his knees. Baby's bottom is a little lower than baby's knees.

Removing Baby From Sling



Support baby with one arm while you pull the top ring away from your body.

maya wrap