





Maya Tie User Instructions



THE FOLLOWING GUIDELINES ARE FOR MAYA WRAP CARRIERS BUT MAY APPLY TO ALL BRANDS OF BABY CARRIERS

Inspection: Inspect the baby carrier before each use. Check fabric, seams, fasteners, rings, and all other components. **DO NOT** place a baby in the carrier if there is damage to ANY component.

 **FLAMMABILITY WARNING:** The carrier is not at all flame retardant or fire resistant. Do not use this carrier while cooking or near open flame or other heat sources. If the carrier has a long tail, use caution and do not expose the tail to open flame or heat sources. Failure to follow these guidelines could result in serious injury or death.

 **BREATHING AND AIR FLOW WARNING:** Position the baby so that the baby has good air flow. Check the baby's breathing regularly. Do not allow anything around the baby's face which may restrict the baby's ability to breathe or cause the baby to breathe exhaled air. This is particularly important for premature babies, infants, and very small, very young, and/or very weak babies, and/or if you have large breasts. When carrying young babies in a reclining position, always carry the baby face up. Do not allow the baby's chin to sag down to his chest as this could block the baby's air passages. When tightening your baby carrier, do not tighten it so much that baby's breathing could be restricted. Failure to follow these guidelines could result in serious injury or death.

Security: Always pay attention to the baby's security. Be certain that baby is securely in the baby carrier. Pay attention to the baby - the baby is not tied into the carrier. Put an arm around baby when you bend over. Failure to use the carrier properly or to pay attention to the child could cause the baby to fall out of the carrier and result in serious injury or death.

Dangerous Activities: Do not use the baby carrier when there is a chance the baby may reach for or be exposed to dangerous items such as knives, hot beverages, and stoves. Do not use the carrier when cooking, jogging, skiing, cycling or in similar activities which could be hazardous to the baby. Additionally, you may strain your own back or lose balance, resulting in serious injury to you or the baby. Baby's body may not be ready for the cyclic pattern of activities such as running or jogging, and may be damaged in the neck, spine, or brain.

Other Items: Do not put extra items in the carrier with the baby. If your carrier has a pocket, items which could injure or cause discomfort to baby should not be placed in it.

Traveling: The carrier is not a substitute for an approved car seat. Do not place baby in the carrier on takeoffs and landings in aircraft.

Breastfeeding: Do not use a nipple shield when breast feeding the baby in the carrier. Be sure your baby can breathe adequately while nursing. You may have to hold your breast away from baby's nose.

Baby Clothing: If your baby is wearing loose fitting clothing or shoes, be careful when putting baby in the carrier or when repositioning him so that his garment or shoes don't twist or get caught in the carrier. Failure to do so may result in injury to your child. Baby may become uncomfortably warm in the carrier. Please be aware of this and do not overdress her.

Carrying Positions: For carriers that place baby's weight on only one of your shoulders, change shoulders frequently to avoid stress to your spine. Never use the back carry with infants or babies under the age of 12 months. Do not use the back carry position until your child is old enough to tell you when something is wrong. When using the back carry position, pay attention to the child so that the child does not reach for or grab items he should not have.

Be Aware: Be cautious around door frames, revolving doors, low lying tree limbs and other potential objects likely to obstruct your path. Be sure to give yourself extra room to maneuver with the added bulk of a child on your person.

Water: Maya Wrap baby carriers are not specifically designed for use while the user is in a pool, tub, or other body of water.



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FRONT CARRY - For Newborns

Fig. 1



Tie your Maya Tie around your waist. The pocket should be facing you and upside down.

Fig. 2



Support your baby as you bring the Maya Tie over baby's body and put the shoulder straps over your shoulders. Older babies will be more comfortable with their legs out.

Fig. 3



Young baby's legs should be in a frog position.

Fig. 4



While continuing to support your child, cross the straps behind your back. Do not release hold on baby until pulling both straps will support baby.

Fig. 5



Pull the straps until they are snug. The fabric should spread smoothly across your shoulders and back.

Fig. 6



Bring the straps back around to your front and twist them.

Fig. 7



Tie them in a knot behind your back.

Fig. 8



The straps are spread comfortably across your shoulders and are holding your baby securely in the Maya Tie.

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KANGAROO CARRY - For babies with head control

Fig. 9



Tie your Maya Wrap around you as shown in Fig. 1. Cross baby's legs.

Fig. 10



Support your baby as you bring the Maya Tie over baby's body and put the shoulder straps over your shoulders.

Fig. 11



While continuing to support your child, cross the straps behind your back.

Fig. 12



Tie the straps as shown in Figs. 5, 6, and 7.

BACK CARRY - For children at least 12 months old



Tie the Maya Tie around your waist. The pocket should be facing you and upside down.



Sit in a safe place, such as on a bed or couch with your Maya Tie behind you. Ease your baby onto your back.



An older child can sit behind you on the Maya Tie.



Bring the body of the Maya Tie over your child.

Fig. 17



Cross the straps in front of your self and pull them taut.

Fig. 18



Bring them around your back, twist them and then bring them back to the front and tie a knot. In this figure, the straps are above the child's legs.

Fig. 19



With a heavier child, you may prefer to put the straps beneath your child's legs after twisting them.

Fig. 20



The straps are spread for comfort. The waist is tied with a knot.

TIPS

Weight Limit

The weight limit for the Maya Tie is based on your physical fitness and strength. Thirty-five pounds is a good upper limit for many users.

If you are not used to wearing a baby, set a lower limit for yourself and wear your baby for short periods of time. As you become stronger you can increase the weight limit and wearing time.

Comfort for your baby

Be sure the Maya Tie hangs straight down when you tie it around you. This will create a seat for your child as you bring it up and over her body.

The figure on the right is incorrect. There is no seat for the child and the Maya Tie comes up too high.



How to shorten your Maya Tie

If you would prefer that the body of your Maya Tie not come up so high on child, you can shorten it by folding it before you tie it around your waist.

Back Pack Style

If you are prone to mastitis try wearing the straps back pack fashion. Instead of crossing them in front of you, bring them under your shoulders.

Shoulder cap

Some users like to fold the edges of the shoulder straps. This will give you more mobility in your arms and will tighten the straps somewhat.

Laundering

Machine wash in cold water. Line dry to avoid shrinkage.
Do not use bleach.